



Call Your Personal Chef at Healthy Living Catering

CUSTOM ORDER MENU

GOURMET FOOD PREPARED AND DELIVERED TO YOUR DOOR!

Customized Menus and Large Party Pricing is available

ENTRÉES

All meals come with house salad and bread

CHICKEN

	<i>Serves 2</i>	<i>4-5</i>
Spicy Chicken and Rice	\$18	\$32
Stuffed Chicken	\$16	\$30
Chicken Fettuccine Alfredo	\$20	\$35
Mustard Baked Chicken with Pretzel crust	\$18	\$32
Chicken Coq Au Vin	\$20	\$35
Seared Chicken with Fine Herbs Sauce	\$16	\$30
Chicken Roulade w/spinach and mushrooms	\$20	\$35

PORK

Parmesan Crusted Pork	\$18	\$32
Pulled Pork	\$18	\$28
Bacon Wrapped Pork Loin	\$20	\$35
Ribs	\$26	\$42
Stuffed Pork Chops	\$18	\$32

PASTA

Manicotti <small>(sausage+mushroom, spinach, cheese, or vegetarian)</small>	\$20	\$35
Fettuccine with Lemon Basil Tomato Sauce	\$16	\$28
Stuffed Shells	\$20	\$35
Shrimp Ravioli	\$20	\$35
Seafood Pasta	\$24	\$40
Turkey and Spinach Lasagna	\$18	\$30
Vegetable Baked Ziti	\$18	\$30

BEEF

	<i>Serves 2</i>	<i>4-5</i>
Steak with Horseradish Sauce		<i>market</i>
Top Round	\$22	\$38
Marinated Beef Kabobs	\$22	\$38
Piccadillo over Rice	\$16	\$28
Meatballs "Old World Recipe"	\$16	\$28
Meatloaf	\$16	\$28
Roasted Beef Pot Pie	\$18	\$32

SEAFOOD

Walnut Crusted Salmon	\$22	\$38
Marinated and Seared Grouper		<i>market</i>
Asian Steamed Fish <small>(salmon or grouper)</small>	\$22	\$38
Baked Grouper		<i>market</i>
Bacon Wrapped Shrimp with Honey Chipotle BBQ	\$22	\$35
Spicy Seared Tuna	\$24	\$40
Salmon with Lemon Dill Sauce	\$20	\$36



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CUSTOM ORDER MENU

SOUPS

	Sm	Lg
Chicken Noodle	\$6	\$10
Mushroom Cream	\$7	\$11
Potato Leek	\$7	\$11
New England Clam Chowder	\$9	\$15
Manhattan Clam Chowder	\$9	\$15
Potage Julienne D'Arbly	\$9	\$15
Roasted Corn Chowder	\$9	\$15
Special of the Week		

SALADS

Watercress	\$7	\$13
Arugula Mix	\$8	\$14
Cobb Salad Regular	\$8	\$14
Cobb Salad with Shrimp	\$11	\$20
Roasted Duck Salad	\$24	\$40
Spinach Salad	\$12	\$20
House Salad	\$5	\$9

SIDES

	Sm	Lg
Prosciutto Wrapped Asparagus	\$8	\$16
Roasted Vegetables	\$5	\$9
Au Gratin Potatoes (ham and broccoli or spinach and mushroom)	\$5	\$8
Spanish Rice	\$5	\$7
Cheese Toast	\$5	\$7
Soy Sesame Wings	\$7	\$12
Buffalo Wings	\$7	\$12
Sun Dried Tomato Garlic Toast	\$5	\$10
Mushroom Risotto	\$7	\$12
Crab Spring rolls	\$9	\$15
Mushroom Oriental (marinated and sautéed special blend)	\$7	\$13
Roasted Red Pepper Mashed Potatoes	\$6	\$9
Couscous- 4 different ways	\$7	\$11
German Potato Salad	\$5	\$8
Stuffed Portobello	\$6	\$12

Bring fine dining to your living room, when you enlist the help of our personal chefs here at Healthy Living Catering.

Our exceptional group of catering professionals have many years of experience in all aspects of the food service industry, from exclusive fine dining gatherings in Beverly Hills, to corporate catering in New York City and private events right here in Tampa, Healthy Living Catering has your foodie needs covered!

Now one of the things we specialize in is prepared gourmet meals made right in the comfort of your own home. Do you have special dietary needs? To tired to make dinner? Want less mess? We also prepare each meal fresh to order in our kitchen and deliver them right to your door. With this new service from Healthy Living Catering you will never again ponder the question "What's for dinner?" – We do all the shopping so you don't have to, prepare the food with your individual taste (diet restrictions) in mind and provide easy heating instructions.

Our customers find that when all is said and done, not only is the food top quality but it saves time and money.

Start living healthy with Healthy Living Catering.

Give us a call and find out more!