



# Call Your Personal Chef at Healthy Living Catering

**WRAP  
MENU**

**Boston Veggie** Avocado, cucumber, roasted red pepper, shredded red leaf lettuce, tomato, and artichoke hearts, with pesto sauce.

**Turkey Jack** Thinly sliced turkey, Monterey Jack cheese, shredded lettuce, tomato, sliced avocado, and creamy Chipotle sauce.

**Mediterranean Shrimp** Shrimp, artichoke, sun dried tomatoes, spinach, and pesto sauce.

**Chicken Caesar** Grilled chicken breast, shredded romaine lettuce, shaved Parmesan cheese, and homemade Caesar dressing.

**Santa Fe** Monterey Jack cheese, spinach, southwest salsa, sour cream, olives, chilies, green onions.

**Rustic** Sun dried tomato, roasted red pepper, mozzarella, fresh basil, and balsamic vinaigrette.

**California** Fresh Crab meat, shredded lettuce, tomato, cucumber, and avocado.

**Denver** Thinly shaved ham, cheese, shredded lettuce, green and red bell pepper.

**Asian** Chicken breast (or shrimp), green onions, fresh ginger and garlic, shaved cabbage, and a semi spicy Thai sauce.

**Steak** Sautéed Portabella mushrooms, grilled onions, cheese, shredded lettuce, and a light horseradish sauce.

**Mexican** Chicken or Steak, cheese, lettuce, pico de gallo, fresh guacamole.

**Cobb** Thinly shaved ham, bacon, black olives, green onions, tomato, and lettuce.

**Grilled Chicken** Chicken breast, fresh mozzarella, lettuce, tomato, and creamy balsamic sauce.

**Club** Thinly shaved turkey, bacon, cheese, lettuce, tomato, and creamy Chipotle sauce.